

# **Sample Menu**

## **Breakfast**

Fruit Juice  
Choice of Cereal  
Prunes / Grapefruit  
Poached or Boiled Egg  
Tomatoes  
Toast  
Tea/Coffee

## **Lunch**

Vegetable Soup  
Cottage Pie  
Potatoes  
Seasonal Vegetables  
Gravy

Lemon Meringue Pie

Tea/Coffee

## **Dinner**

Asparagus Soup  
Selection of Sandwiches  
Sausage Roll

Cakes  
Mousse

Tea/Coffee